

Job Description and Person Specification

Community Mental Health Support Worker



POST:	Community Mental Health Support Worker (CORE)
LOCATION:	ShIPLEY / Bradford District
GRADE / SALARY:	D1 £25,235 FTE per annum
HOURS:	30 hours per week
ACCOUNTABLE TO:	Team Leader

Purpose of the Job:

To deliver peer support to clients accessing CORE which is the service working across Affinity, 5 Parks and North & West Primary Care Network (PCN), linking with Statutory and VCSE services across the area. You will provide practical and emotional support to individuals, drawing from your lived experience of mental health challenges. You will offer guidance, encouragement and hope to empower individuals on their journey to recovery and wellness to support them to achieve their goals.

Main Duties:

- Providing one-on-one and group peer support sessions to individuals accessing our services in line with client need and service specification.
- Fostering a supportive and non-judgemental environment where individuals feel valued, understood and empowered to take control of their recovery journey.
- Advocating for the rights and needs of individuals experiencing mental health challenges within various settings.
- Work in a holistic and trauma informed way to support clients to achieve their goals.
- Assisting individuals in accessing resources and other support networks to enhance their overall well-being and recovery.
- Working closely with members of the multidisciplinary team including mental health professions and external stakeholders, to ensure coordinated and holistic support for individuals.
- Maintaining accurate and confidential records of interactions, progress notes and outcomes in accordance with organisation policies and procedures.
- Participating in ongoing training, supervision and personal development opportunities to enhance your skills and knowledge in peer support and mental health recovery practices.

Values and Behaviours:

- Create and maintain a culture of respect, always challenging and rooting out discrimination and stigma.
- Demonstrate a consistent belief in people and tenacity in supporting people to improve their future.
- Be passionate about our work and inspire others to feel the same.
- Be committed to doing things well and always look for opportunities for improvement.
- Model excellent partnership and team working.

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PERSON SPECIFICATION

Listed below are the knowledge, experience skills and values you'll need to do this job, we will assess these through your application or through tests or interviews after shortlisting.

Knowledge	Method
Qualifications to GCSE Grade 4 or above, or significant equivalent experience	Application
Awareness or knowledge and/or lived experience of the challenges facing people who have difficulties relating to their mental health	Application Assessment
Knowledge of the potential role of peer support in mental health services	Assessment
Understanding of the impact of stigma and discrimination in relation to mental health	Assessment
Experience	
Experience of working with people with mental health difficulties and challenging behaviour	Application Assessment
Experience of effectively managing a client caseload and recording client notes	Application
Experience of working in a peer support role or of mentoring others	Application
Experience working alongside people to achieve personal goals and develop new skills	Application Assessment
Experience of using IT systems to record client notes	Application
Skills	
Non-judgmental and supportive interpersonal skills	Assessment
Ability to have difficult conversations and maintain good relationships	Assessment
Competent in Word, Excel, Outlook	Application
Values	
A firm belief that all people matter and deserve respect	Assessment
An evidenced belief that everyone can change	Assessment
A track record of delivering on your commitments	Assessment
A personal commitment to equality, diversity, and inclusion	Assessment