

Job Description and Person Specification

BANK Peer Support Worker (Rehabilitation, Enablement & Crisis)



POST:	BANK Peer Support Worker (Rehabilitation, Enablement and Crisis)
LOCATION:	Clayton, Bradford and Shipley with some community-based work across Bradford district
GRADE / SALARY:	£12.56 per hour
HOURS:	Various shifts available between 10am – 8pm, 365 days per year
ACCOUNTABLE TO:	Team Leader (Rehabilitation and Enablement)

Purpose of the Job:

To deliver peer support to people living within the Rehabilitation and Enablement Residential Service (Kernel) or Crisis House (Breathing Space) in Shipley. Kernel is run in partnership with Bradford District NHS Foundation Care Trust (NHS), Bradford Council Adult Social Care, Horton Housing and Care Housing. Breathing Space is run in partnership with Creative Support and Bradford District NHS Foundation Care Trust. You will offer one to one and group provision, tailoring support to the individuals living/staying within the residence.

Main Duties:

- Provide one to one and group support for individuals in a recovery-focused and person-centred way, which builds confidence and helps them to move forward towards rehabilitation and improved wellbeing.
- Support people to engage in peer support groups, wellbeing groups and community activities, access healthcare to increase independence and wellbeing.
- Support people with practical life skills such as maintaining their tenancy, settling into their home and budgeting
- Provide one to one support for individuals in a recovery-focused and person-centred way, which builds confidence and helps people to move forward.
- Use your own lived experience of recovery from mental health problems, as appropriate, to inspire and support others.
- Facilitate peer support and/or wellbeing groups working in line with Peer Support Values.
- Liaise with professionals and organisations across the district including referrers and partners.
- Ensure that client notes are recorded in an accurate and timely manner and kept updated.
- Work in line with all relevant policies and procedures including safeguarding, ensuring concerns are escalated appropriately.
- Work collaboratively as part of a wider multi-disciplinary team.

Values and Behaviours:

- Create and maintain a culture of respect always challenging and rooting out discrimination and stigma.
- Demonstrate a consistent belief in people and tenacity in supporting people to improve their future.
- Be passionate about our work and inspire others to feel the same.

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- Be committed to doing things well and always look for opportunities for improvement.
- Model excellent partnership and team working.

PERSON SPECIFICATION

Listed below are the knowledge, experience skills and values you'll need to do this job, we will assess these through your application or through tests or interviews after shortlisting.

Knowledge	Method
Qualifications to GCSE Grade 4 or above, or significant equivalent experience	Application
Awareness or knowledge of the challenges facing people who have difficulties relating to their mental health.	Application Assessment
Knowledge of the potential role of peer support in mental health services	Assessment
Understanding of the impact of stigma and discrimination in relation to mental health.	Assessment
Experience	
Lived experience of mental health either personally or as a carer	Application Assessment
Experience of working with people with mental health difficulties and challenging behaviour.	Application Assessment
Experience of managing a client caseload and recording client notes	Application
Experience of working in a peer support role or of mentoring others	Application
Experience of using IT systems to record client notes	Application
Experience working alongside people to achieve personal goals and develop new skills	Application Assessment
Skills	
Non-judgmental and supportive interpersonal skills	Assessment
Ability to have difficult conversations and maintain good relationship	Assessment
Competent in Word, Excel, Outlook and using data bases	Application
Values	
A firm belief that all people matter and deserve respect	Assessment
An evidenced belief that everyone can change	Assessment
A track record of delivering on your commitments	Assessment
A personal commitment to equality, diversity, and inclusion	Assessment